



# REFORM

## CHILD DEVELOPMENT CENTRE

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### Reform CDC Newsletter – First Edition

June – August 2025



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Reform Child Development Centre - Nurturing Abilities & Transforming Lives



# Director's Message

Dear Parents,

It gives me great pleasure to share the very first edition of the Reform CDC Newsletter. Over the past three months, our centre has been buzzing with energy-children learning and growing through structured therapies, families joining hands in parent support programs, and our team working with dedication to create meaningful interventions.

This newsletter is our way of keeping you connected with our journey. Inside, you will find therapy highlights, clinic updates, special celebrations, and inspiring moments that reflect the spirit of Reform CDC. Together, we move forward with a shared vision-nurturing independence, resilience, and joy in every child.

Warm Regards,  
Dr. Mini A. O.  
Director & Rehabilitation Professional

# Who We Are

At Reform Child Development Centre (CDC), we support children with developmental challenges through innovative therapies, education, and family-centered approaches.

## **Mission:**

To empower children with developmental challenges through innovative therapies, education, and family-centered approaches.

## **Vision:**

To create an inclusive society where every child's abilities are celebrated and nurtured.

## **Objectives:**

- Provide holistic child development services across multiple disciplines.
- Deliver individualized therapy programs supported by evidence-based practices.
- Strengthen parent training, support, and community awareness.
- Conduct academic research, workshops, and training programs for professionals.

# Clinic Highlights – Part 1



## Speech Therapy Clinic

The Speech Therapy department has been actively working with children on articulation, fluency, and language comprehension. Augmentative and Alternative Communication (AAC) strategies were introduced for children with limited verbal skills. Parent training workshops were organized to extend therapy practices at home.





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# Occupational Therapy Clinic

Sessions focused on sensory integration, fine motor development, self-care routines, and handwriting skills. Therapists introduced ADL (Activities of Daily Living) programs to help children build independence in dressing, eating, and toileting.





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## Developmental Therapy Clinic

This trimester emphasized early intervention programs targeting developmental milestones. Therapists worked on motor skills, social interaction, play-based learning, and readiness for schooling. Parents were guided on home-based developmental stimulation activities.



# Clinic Highlights – Part 2

## Special Education Clinic

IEPs (Individualized Education Plans) were designed and monitored for each child. Focus areas included remedial education, pre-academic skills, and behavior modification. Teachers collaborated with therapists to provide structured classroom experiences.



# **Psycho-Education for Parents**



Interactive psycho-education sessions helped parents understand neurodevelopmental disorders, therapy goals, and progress-tracking. Parents were trained in behavior management strategies and stress-coping techniques.

## **Guidance & Counseling Clinic**

One-to-one counseling sessions were provided for parents and older children. Emotional support, parenting strategies, and family counseling were prioritized to promote mental well-being.

## **Parent Support Group**

Regular parent meetings allowed families to share experiences and provide peer support. Sessions included expert talks, discussions on challenges, and group-based learning activities.

## Adapted Physical Education Activities

Adapted PE sessions promoted physical fitness, coordination, and social interaction. Children engaged in structured games and modified exercises tailored to their abilities.



# Celebrations & Events



June marked Deafblind Awareness Month, and we planned meaningful activities to honour it. We also shared free downloadable resources for parents and schools on our social media platforms to spread awareness and support inclusive learning.

A special highlight was our interview with Safiya, a young woman who lives with deafblindness—just like Helen Keller. Safiya generously shared her inspiring journey, offering valuable insight into her daily life, strengths, and challenges.

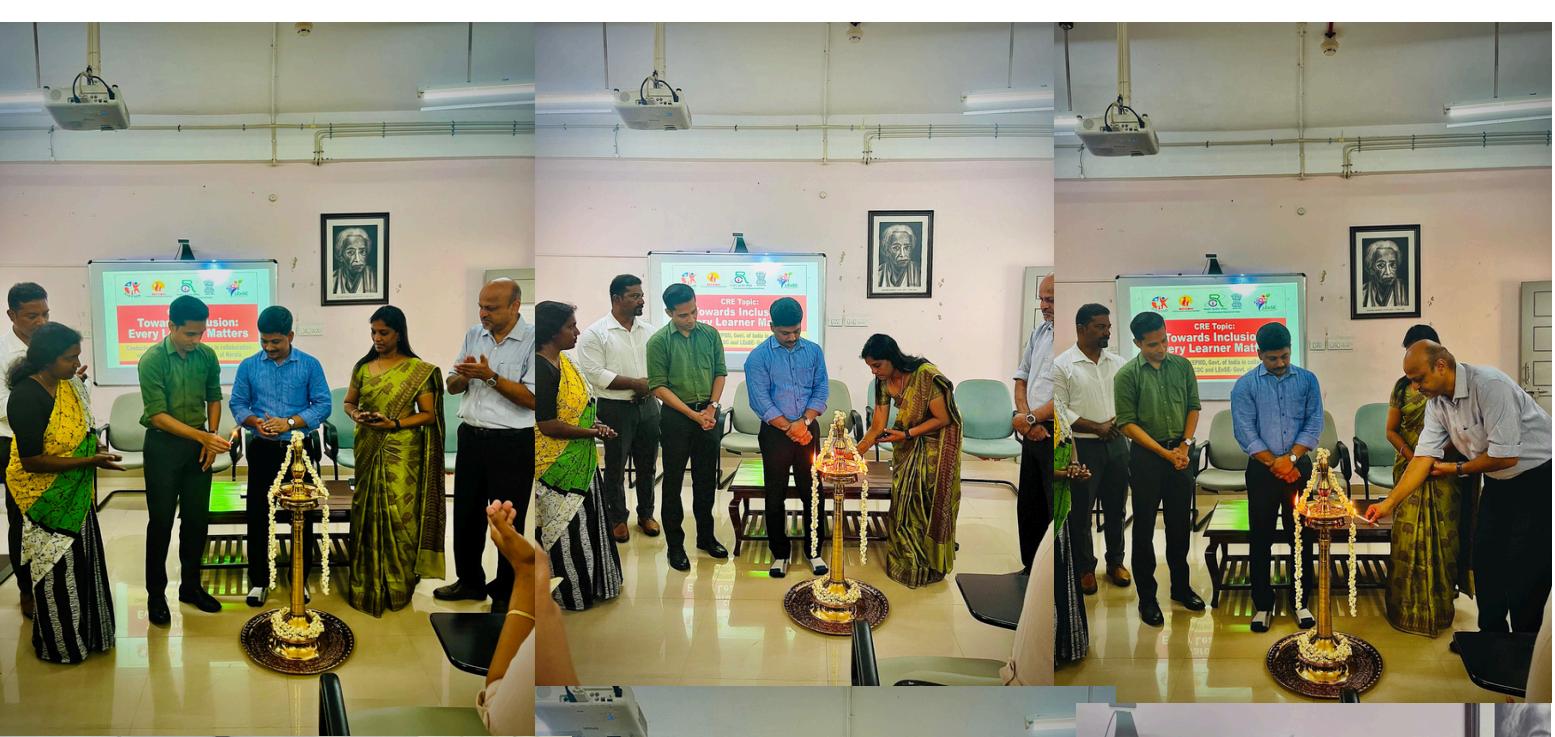


Our staff enjoyed a fun movie outing together! It was a perfect way to unwind, share some laughs, and build team spirit outside of work.

## **CRE Programme**

The trimester marked the successful completion of a Continuing Rehabilitation Education (CRE) program. Professionals from multiple disciplines attended lectures, hands-on workshops, and knowledge-sharing sessions.

CRE Programme - Towards Inclusion: Every Learner Matters was inaugurated by Dr. Arun S. Nair IAS, Commissioner for Entrance Examination & Director for Social Justice, Kerala Social Security Mission & State Health Agency. On the same day, we proudly released 'One Spectrum, Many Hands' – our Autism Support Handbook.





# Independence Day celebrations



Our wonderful children and staff at Reform CDC came dressed in white, adding to the spirit of Independence



# Onam Celebration

Onam was celebrated with great enthusiasm. Children, parents, and staff participated in cultural programs, traditional games, and the grand Onam Sadhya. The event strengthened community spirit and inclusivity.





## **Internship Opportunities at Reform CDC**

Reform CDC welcomes passionate individuals who wish to gain hands-on experience and make a difference in the lives of children and families.

We invite applications from:

- Students and Interns in Psychology, Special Education, Social Work, and Allied Health fields
- Aspiring Therapists and Counsellors
- Individuals eager to learn and contribute in the field of child development and inclusion

This is a unique chance to learn, grow, and contribute while being mentored by experienced professionals.

## Volunteering Opportunities at Reform CDC

Reform CDC is inviting passionate individuals from the IT field to join us as volunteers. Your skills can help us:

- ◆ Build and improve digital learning tools
- ◆ Create assistive technology for children with special needs
- ◆ Support innovative teaching–learning materials

Together, let's use technology to empower children, promote inclusion, and transform lives.

# Upcoming Focus – Next Trimester



Looking ahead, Reform CDC is excited to continue expanding and enhancing our programs:

- **Research Initiatives:** Preparation of research papers, including case studies and pre- & post-intervention data, to contribute to evidence-based practice.
- **Training Programs:** Expanded training opportunities for interns and young professionals to strengthen their skills and experience.
- **Parent Engagement:** Structured parent awareness workshops and development of supportive resources.
- **Therapy Innovations:** Introduction of new therapy modules based on the latest evidence-based approaches.

## Inclusion Warrior Club – New Program Launch

We are excited to announce a special initiative under our Inclusion Warrior Club!

Through this program, children from regular schools can come together with our children with special needs to play, learn, and grow side by side.

This unique opportunity helps promote friendship, empathy, and true inclusion, creating a world where every child feels valued and celebrated.

We look forward to partnering with families, professionals, and the community to make the next trimester meaningful.

Stay connected with us on social media for tips, updates, and insights!

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